

Shannon's Progressions Dance Studio

Studio 1

| Time | Class | Level | Age | Tchr |
|------------------|------------------|---------|-------|---------|
| Monday | | | | |
| 10:45-11:30 | PS 1 B/T | Beg | 3-4 | SR/CS |
| 11:45-12:30 | PS 2 T/Tmb | Beg | 4-5 | SR/CS |
| 5:00-5:45 | Teen I Jazz | Int | 8-11 | CS |
| 5:45-6:45 | Teen I Ballet | Int | 8-11 | SR |
| 6:45-7:15 | Teen I Tap | Int | 8-11 | SR |
| 7:15-8:15 | Sr II Jazz | Adv | 16-18 | SR |
| 8:15-9:15 | Urban Jazz II | Int/Adv | 14-18 | Ashley |
| Tuesday | | | | |
| 4:30-5:15 | Pointe I | Beg | 11-18 | SR |
| 5:15-6:00 | Teen Tap II | Int | 10-14 | SR |
| 6:00-7:00 | Teen Ballet II | Int | 10-14 | SR |
| 7:00-7:45 | Teen II Jazz | Int | 10-14 | SR |
| 7:45-8:30 | Sr I Tap | Int/Adv | 15-18 | KB |
| 8:30-9:30 | Sr I Jazz | Int/Adv | 15-18 | CS |
| Wednesday | | | | |
| 4:45-5:30 | Midget II Ballet | Beg | 5-7 | Natalie |
| 5:30-6:45 | Sr I Ballet | Int/Adv | 15-18 | SR |
| 6:45-7:30 | Pointe II | Int/Adv | 14-18 | SR |
| 7:30-8:45 | Sr II Ballet | Adv | 15-18 | SR |
| 8:45-9:30 | Sr II Tap | Adv | 15-18 | SR |

Studio 2

| Time | Class | Level | Age | Tchr |
|------------------|------------------|---------|---------|---------|
| 4:30-5:30 | Mini's Team | Beg | 5-7 | KB |
| 5:30-6:45 | Cont./Lyrical II | Beg/Int | 8-12 | KB |
| 6:45-7:30 | Hip Hop I/II | Int/Adv | 12-18 | KB |
| 7:30-8:15 | Leaps & Turns | Int/Adv | 12-18 | KB |
| 8:15-9:15 | Sr Tech Tm | Int/Adv | 12-18 | CS |
| Tuesday | | | | |
| 4:30-5:15 | PS 2 B/T | Beg | 4-5 | CS |
| 5:15-6:00 | PS 1 B/T | Beg | 3-4 | KB/CS |
| 6:15-7:15 | Kndr Mv B/T | Beg | 5-7 | KB |
| 7:15-8:15 | Jr Tech Tm | Beg/Int | 8-12 | CS |
| 8:15-9:15 | Adult Dance | All | 18 & Up | SR |
| Wednesday | | | | |
| 4:30-5:30 | Hip Hop I/II | Beg/Int | 8-12 | MH |
| 5:30-6:00 | Midget II Tap | Beg | 5-7 | Natalie |
| 6:00-6:30 | Midget I Ballet | Beg | 3-5 | Natalie |
| 6:30-7:00 | Midget I Tap | Beg | 3-5 | Natalie |
| 7:00-8:00 | Hip Hop II/III | Int/Adv | 12-18 | MH |
| 8:00-9:00 | Hip Hop Team | Beg/Int | 8-18 | MH |
| 9:00-9:30 | Flex & Cond. | All | 8-18 | MH |

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|-----------------|---------------|---------|------|--------|
| Thursday | | | | |
| 4:15-5:00 | Ballet I | Beg | 6-9 | SS |
| 5:00-5:45 | Jr I Ballet | Beg | 6-8 | NS |
| 5:45-6:45 | Jr III Ballet | Beg/Int | 7-9 | CS |
| 6:45-7:15 | Jr III Tap | Beg/Int | 7-9 | SR |
| 7:15-8:15 | Urban Jazz I | Int | 8-13 | Cassie |
| 8:15-9:00 | Breakdancing | Beg/Int | 8-18 | DR/RP |

Friday

| | |
|-----------|-------------------------|
| 4:30-5:30 | Jr. Tech Team Rehearsal |
| 5:30-6:30 | Sr. Tech Team Rehearsal |

Saturday

| | |
|-------------|-----------------------------|
| 12:00-12:45 | Team Class |
| 12:45-1:30 | Lg Group |
| 1:30-2:00 | Adv Team (Sr II) |
| 2:00-2:30 | Int Team (Sr I and Teens) |
| 2:30-3:00 | Beg/Int Team (Jr and Teens) |
| 3:00-5:00 | Solo/Duo/Trio |

Studio 2

| Time | Class | Level | Age | Tchr |
|-----------------|-------------------|---------|---------|--------|
| Thursday | | | | |
| 4:30-5:15 | Acrobatics I | Beg | 6-9 | CS |
| 5:15-5:45 | Jr III Jazz | Beg/Int | 7-9 | CS |
| 5:45-6:15 | Jr I Tap | Beg | 6-8 | SR |
| 6:15-6:45 | Jr I Jazz | Beg | 6-8 | NS |
| 6:45-7:30 | Acrobatics II/III | Int/Adv | 13-18 | Libby |
| 7:30-8:15 | Adult Tap | All | 18 & Up | CS |
| 8:15-9:00 | Urban Jazz II | Beg/Int | 11-13 | Cassie |